

## Award-Winning Corporate Programs

DIY Human provides numerous experiential programs based on the principals and practice of The Narrative Method. Building communication and humanistic skills improves connections, cooperation and mutual understanding among teams.

Programs interweave personal narratives with media clips and creative expereinces to increase awareness, empathy and compassion.

### Keynotes & Icebreakers

Breaking Barriers and Opening Channels

- Thought-provoking and fun, DIYH Icebreakers establish safety, easy rapport and expanded thinking
- Jump-start your event with meaningful experiences that invite everyone to connect

Includes DIY Human

2 hours | Max 50

### Diversity & Inclusion Training

Bring Your Humanity to Work

- Bridging differences, blending cultures
- Discussion and materials highlight human bias and prejudice
- Exploring media, facts and the personal story
- Expanded perspectives lead to new ways to connect.

Half Day | Max 40

### The DIY Human Experience

#1

#### Understanding Words *ISN'T* Communication

- 90% of all communication is non-verbal
- Working in pairs and groups, participants compare responses to the same subtle cues
- Participants write about the impact of their own communication styles

Half Day, Full Day | Max 40

### The DIY Human Experience

#2

#### Co-Creating Stories

- Participants experience how co-creating stories bonds them
- Writing, storytelling and collaborative activities
- Participants discover how cultural influences shape their stories

Half Day, Full Day | Max 40

### The 12-Minute Connection

Connecting Everyone 1-on-1

- Invite everyone in your department, or the entire company, to better understand one another
- Deepens communication and debunks previous assumptions
- Mutual understanding leads to better communication, cooperation and higher-functioning teams

Half Day, Full Day | Max 40



### Shari Foos (M.S., M.A., M.F.T)

Shari Foos is a Marriage and Family Therapist and the founder of DIY Human. After studying Narrative Medicine at Columbia University, Ms. Foos founded The Narrative Method, which later became DIY Human. working with numerous undeserved communities and teaching her work at Antioch University.